

**2023-2024**



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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## General Body Meeting 2023

Alumni Meeting Report (15th October 2023)

### Group Members:

- President: Mrs.K.Madhavi latha
- Vice President:Ms. K.Deepa
- Secretary: Mrs. T.Ushakiran
- Treasurer: Mrs.K.Mabjan
- Executive Members: Various alumni and staff

On 15 October 2023, Narayana Nursing College, Nellore, hosted its annual alumni meeting to review the past year's progress and discuss future plans. The meeting began with a warm welcome by the Alumni Secretary, followed by an address from Mrs. K.Madhavi latha President and Mrs.T.Ushakiran, Secretary of the Alumni Association. She highlighted the crucial role of alumni in fostering institutional growth, and celebrated the successful execution of previous plans. This set the tone for constructive discussions on the path forward.

### 1. Review of Previous Year's Plans and Implementation:

- Annual Alumni Meet The virtual meeting option introduced in 2022 continued to be a success, allowing alumni from across the globe to actively participate. There was a significant rise in engagement, with many alumni joining from international locations, broadening the scope of the network.
- Mentorship Programs : Alumni from diverse fields of nursing took on active roles in mentoring students. They guided students in overcoming academic challenges, making career decisions, and fostering professional development. The program was expanded to include specialized areas like obstetrics, surgical nursing, and mental health nursing, with more mentors joining the effort.
- Professional Development Workshops: Following the success of previous workshops, additional sessions were organized in 2023, focusing on leadership, digital health technologies, and patient care innovations. Alumni experts from global healthcare systems enriched these workshops with their knowledge and experience.

*D.R. Anuj*  
Principal

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- Community Service Initiatives: Alumni played an instrumental role in organizing health camps and wellness programs, greatly contributing to the institution's outreach and service impact on local communities.

- Career Support Expansion: The mentorship program was broadened to include career counseling sessions with alumni experts in various nursing specialties. Alumni working in leadership roles across hospitals, research institutes, and educational institutions provided students with valuable career guidance and insight into professional growth opportunities.

- Job Placement Assistance: An initiative aimed at providing job placement support for recent graduates was launched. Alumni currently employed in reputed hospitals played a key role in facilitating interviews for students, sharing job openings, and offering recommendations through the alumni network.

- Higher Education Opportunities: Alumni who pursued postgraduate studies abroad shared their experiences and guided students interested in advanced nursing degrees. They provided information on scholarships, university application processes, and institution selection, aiding students in their educational pursuits.

- Support for International Exams: A new update in the meeting emphasized that alumni have also started offering knowledge and guidance on international exams like OET (Occupational English Test), IELTS (International English Language Testing System), NCLEX (National Council Licensure Examination), and Prometric exams. Alumni who have successfully cleared these exams are now mentoring students on exam preparation, tips for success, and the application process, which has proven to be a valuable addition for those aiming to work abroad.

The meeting concluded with a shared commitment among all participants to continue expanding the alumni network, enriching student career opportunities, and contributing to the growth of the nursing profession. The strong collaboration between alumni and the institution promises a brighter future for both current students and graduates.

Dr. B. R. Prasad  
Principal  
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*K. Madhanilattu*

Alumni President

*T. Ushak*

Alumni secretary

*Dr. Raju*  
Principal  
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## Guest lecture by Alumni

### Narayana College of Nursing Alumni Association

**Date:** July 14th, 2023

**Time:** 4:00 PM - 5:00 PM

**Venue:** Narayana College of Nursing

#### **Members Present:**

- Chairperson: Dr. Vanaja Kumari, Principal Narayana College of Nursing
- President: Professor K. Madhavi Latha, DNS Narayana Medical College Hospital
- Secretary: Professor T. Ushakiran, OBG Nursing Department
- Treasurer: Mrs. Mabjan, Community Health Officer
- **Committee Members:**
  - Dr. N. Anjani Devi, HOD Mental Health Nursing Department
  - Mrs. N. Subhashini, HOD Nursing Foundation Department
- **Additional Participants:**
  - Mrs. Girija, Associate Professor, Department of Child Health Nursing
  - Ms. Sreevani, Nursing Superintendent, NMCH (Guest Speaker)
  - Mrs. Chandana, Assistant Professor, Mental Health Department

#### **Objectives of the Meeting:**

1. To provide updates on the activities and achievements of the Narayana College of Nursing Alumni Association.
2. To facilitate networking and collaboration among alumni members.
3. To discuss future plans and initiatives of the association.
4. To address current trends in nursing and share insights with student nurses.

#### **Agenda:**

1. Welcome and Introductions
2. Updates from the Chairperson and President

*Dr. R. Anjali*  
Principal  
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## Agenda:

1. Welcome and Introductions
2. Updates from the Chairperson and President
3. Guest Speaker Presentation: Ms. Sreevani on Current Trends in Nursing
4. Address by Mrs. Girija
5. Address by Mrs. Chandana
6. Discussion on Scope in Community Health Nursing by Mrs. Mabjan
7. Input from Committee Members
8. Explanation of Future Plans by the Secretary
9. Explanation of Alumni Association Functioning by the President
10. Vote of Thanks

July

The Alumni meet of Narayana College of Nursing Alumni Association was held on October 14th, 2023, from 4:00 PM to 5:00 PM at the college premises. The meeting was attended by esteemed members of the association, including the chairperson, principal, president, secretary, treasurer, committee members, and additional participants.

The meeting commenced with a warm welcome and introductions by the chairperson, **Dr. Vanaja Kumari**, and the president, Professor **K. Madhavi Latha**. Updates on the activities and achievements of the association were provided by the respective heads. Following this, **Ms. Sreevani**, Nursing Superintendent at NMCH, addressed the gathering as a guest speaker, sharing valuable insights on current trends in nursing.

**Ms. Sreevani's** presentation highlighted several key trends shaping the nursing profession, including advancements in technology, the increasing emphasis on holistic care, and the growing importance of evidence-based practice. She emphasized the need for continuous learning and adaptation to these trends to ensure the delivery of high-quality patient care.

**Mrs. Girija Rani**, Associate Professor of the Department of Child Health Nursing, shared her experiences working in pediatric care and emphasized the importance of compassionate and patient-centered care in nursing practice. She also highlighted the need for ongoing professional development to meet the evolving needs of patients and communities.

*Dr. Sreevani*  
Principal  
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**Mrs. Chandana**, Assistant Professor of the Mental Health Department, discussed the challenges and opportunities in mental health nursing. She emphasized the importance of destigmatizing mental illness and promoting mental well-being in both clinical practice and community settings.

**Mrs. Mabjan**, the Treasurer and Community Health Officer, provided insights into the scope of community health nursing, emphasizing the role of nurses in promoting health and preventing disease at the community level. She highlighted various initiatives and programs aimed at addressing public health challenges and improving health outcomes.

The committee members and other attendees actively participated in the discussions, providing valuable inputs and suggestions. The secretary, **Professor T. Ushakiran**, elucidated the future plans of the association, focusing on initiatives aimed at fostering alumni engagement and collaboration. The president, **Professor K. Madhavi Latha**, concluded the meeting by explaining the functioning of the alumni association and encouraging continued participation.

The program concluded with a vote of thanks by **Dr. N. Anjani Devi**, HOD of the Mental Health Nursing Department, expressing gratitude to all attendees for their active participation and contributions.



Mrs.Mabjan Community health officer alumni

*Dr. Rethy*  
Principal  
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**2022-2023**





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## General Body Meeting-2022

Date: 18th July 2022

Agenda:

1. Welcome Address
2. Review of Previous Year's Plans and Implementation
3. Updates on Career Support Systems and Mentorship Programs
4. Alumni Involvement in Foreign Career Guidance
5. Discussion on Future Alumni Contributions
6. Concluding Remarks

Group Members:

**Group Members:**

- President: Mrs.K.Madhavi latha
- Vice President:Ms. K.Deepa
- Secretary: Mrs. T.Ushakiran
- Treasurer: Mrs.K.Mabjan
- Executive member –Ms.Girija  
Ms.Velangani
- Executive Members: Various alumni and staff

### Alumni Meeting Report (18 th oct-2022)

On 18th oct 2022, Narayana College of Nursing, Nellore, hosted its annual alumni meeting to review the past year's progress and discuss future plans. The meeting opened with a welcome by the Alumni Secretary, followed by an address from Mrs.K.Madhavi latha, President of the Alumni Association. She emphasized the importance of alumni involvement in the growth of the institution, highlighting the successful implementation of previous plans and setting the tone for discussions on future developments.

*D. Reddy*  
Principal

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## 1. Review of Previous Year's Plans and Implementation:

**Annual Alumni Meet:** The virtual option introduced in 2021 was a great success, allowing alumni from overseas to participate in real time. Alumni engagement has significantly increased, with more attendees in 2022, particularly from international locations.

**Mentorship Programs:** Alumni from diverse nursing fields have taken on active roles as mentors, guiding students through academic challenges, career decisions, and professional development. More mentors were added to support specialized areas like obstetrics, surgical nursing, and mental health nursing.

**Professional Development Workshops:** Continuing from last year's success, several workshops were organized, focusing on leadership, digital health technologies, and patient care innovations. Alumni experts have contributed by sharing their insights and experiences from global healthcare settings.

**Community Service Initiatives:** Alumni played a key role in organizing health camps and wellness programs in local communities, enhancing the institution's outreach and service impact.

## 2. Updates on Career Support Systems and Mentorship Programs:

**Career Support Expansion:** The mentorship program now includes career counselling sessions with experts in various nursing fields. Alumni who are working in leadership roles in hospitals, research, and education sectors have provided invaluable guidance to students seeking career advancement.

**Job Placement Assistance:** An initiative was launched to provide job placement support for recent graduates. Several alumni working in reputed hospitals have facilitated interviews for students and shared job openings through the alumni network.

**Higher Education Opportunities:** Alumni who pursued postgraduate studies abroad have been instrumental in guiding students interested in advanced degrees in nursing. Information on scholarships, application processes, and university selection was shared with current students.

The meeting ended with a commitment from all participants to ensure the sustained growth of the alumni network, enhance student opportunities, and contribute to the overall development of the nursing profession. The collaboration between alumni and the institution continues to thrive, promising a brighter future for both current students and graduates.

*Dr. R. S. Raju*  
Principal

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*K. Madhavi Lakshmi*  
Alumni President

*T. Chhalini*  
Alumni secretary

*Dr. Padma*  
Principal  
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## Guest Lecture by Alumni

### Narayana College of Nursing Alumni Association

Date: April 14th, 2023

Time: 3:00 PM - 5:00 PM

Venue: Narayana College of Nursing

#### Members Present:

- Chairperson: Dr. Vanaja kumari, Principal, Narayana College of Nursing
- President: Professor K. Madhavi Latha, DNS, Narayana Medical College Hospital
- Member: Professor G.Aruna, OBG Nursing Department
- Treasurer: Mrs. Mabjan, Community Health Officer

Vice president- Ms.Deepa

#### Objectives of the Meeting:

1. To share updates on recent Alumni Association activities.
2. To provide insights into competitive exams and overseas nursing opportunities.
3. To motivate students by showcasing various career advancement options in nursing.
4. To discuss new initiatives for strengthening alumni-student mentorship.

#### Agenda:

1. Welcome and Introductions
2. Updates from the Chairperson and President
3. Guest Speaker Presentation: Ms. Manju on "Pathways for Nursing Careers Abroad and Competitive Exams"
4. Address by Ms.Pavitra on Skill Development for Competitive Success
5. Address by Mrs. Suchitra on Empathy and Skills in Mental Health for Global Careers
6. Overview of Alumni Support Programs by the Treasurer

*Dr. B. Manj*  
Principal  
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7. Committee Member Insights
8. Future Plans Presentation by the Secretary
9. Overview of Alumni Association Functions by the President
10. Vote of Thanks

## Report:

The Narayana College of Nursing Alumni Association held its annual Guest Lecture on April 14th, 2023, focusing on "Pathways for Nursing Careers Abroad and Competitive Exams." The session brought together alumni, faculty, and students, fostering a productive dialogue on diverse career advancement opportunities.

The meeting was initiated by Chairperson Dr. Vanaja kumari, followed by updates from President Professor K. Madhavi Latha, who highlighted recent initiatives to support student-alumni mentorship, including workshops and guidance for international nursing roles.

Guest Speaker, Ms. Manju, RN from US, provided a comprehensive overview of various paths for nurses seeking international careers. She elaborated on:

- Foreign Nursing Services: Detailed the requirements for practicing nursing in countries like the U.S., U.K., Canada, and Australia, emphasizing language proficiency tests (IELTS, TOEFL) and the licensing exams (NCLEX, CRNE).

- Competitive Exams: Offered guidance on preparing for competitive exams relevant to public health roles, government nursing positions, and overseas placements.

- Advanced Certifications: Recommended additional certifications, such as those in critical care or emergency nursing, to enhance global employability.

Following this, Mrs. Aruna, Associate proff OBG dept, discussed skill-building for competitive exams. She outlined strategies for students to prepare for exams like AIIMS, ESIC, and state-level nursing tests, emphasizing time management and exam-specific techniques.

Mrs. Anjani, Mental Health, shared insights on empathy and communication skills, vital qualities for mental health and holistic care, which are also highly valued in global nursing roles.

Mrs. Mabjan, Treasurer and Community Health Officer, provided an overview of public health nursing's role in international health initiatives. She encouraged students to explore career opportunities in public health and preventive healthcare, fields with substantial demand in international settings.

Dr. B. Anjali  
Principal

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Throughout the session, the Secretary, Professor T. Ushakiran, discussed future plans, including expanded alumni mentorship initiatives. The President concluded with an overview of the Alumni Association's ongoing support systems and encouraged alumni to contribute to the growth and guidance of current students.

The meeting concluded with a Vote of Thanks from Dr. N. Anjani Devi, who expressed appreciation for the attendees' valuable contributions and active engagement. The session left students feeling motivated and well-informed about their career options, setting a positive tone for future alumni interactions.



*Dr. Anjani Devi*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
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**2021-2022**



## GENERAL BODY MEETING REPORT-2021

Date:16th July 2021

### Agenda:

1. Welcome Address
2. Review of Previous Year's Plans and Implementation
3. New Initiatives for the Alumni Association
4. Discussion on Alumni Donation Strategies
5. Future Plans and Concluding Remarks

### Group Members:

- President: Mrs.K.Madhavi latha
- Vice President:Ms. K.Deepa
- Secretary: Mrs. T.Ushakiran
- Treasurer: Mrs.K.Mabjan
- Executive Members: Various alumni and staff

### Alumni Meeting Report (16th July 2021)

On 16th July 2021, Narayana College of Nursing, Nellore, held a successful alumni meeting with the goal of reinforcing ties between alumni, the college, and the wider community. The event began with a welcome by the Alumni Secretary, followed by an address from Mrs.K.Madhavi latha, President of the Alumni Association, who spoke about the importance of nurturing relationships with alumni to maintain the college's reputation and excellence.

The attendees were greeted with floral presentations, and motivational speeches were delivered by President They encouraged alumni to set an example in their professional environments by upholding the college's values. Ms.Madhavi latha expressed presidential address, expressed joy in reconnecting with former students, emphasizing the importance of dignity, service to the community, and continuous professional development. Alumni also had the chance to reminisce about their college days, creating a heartfelt and nostalgic atmosphere.

The meeting concluded with a vote of thanks by Mrs.T.Ushakiran Secretary of the Alumni Association, followed by the distribution of alumni pouches. A luncheon organized in the college premises concluded the day, leaving everyone with a renewed sense of camaraderie and commitment to future initiatives.

*D. B. Anji*  
Principal

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### **Review of Implementation of 2020 Plans:**

1. Annual Alumni Meet: The 2020 Annual Meet was held successfully, providing a platform for alumni to reconnect and network with faculty and students. Feedback was collected, and it was suggested to include virtual options for alumni who are unable to attend in person.
2. Mentorship Programs: A mentorship program was formally launched in early 2021, where alumni from various professional backgrounds provided career advice to current students. Several alumni have already taken up the role of mentors.
3. Scholarship Fund: A scholarship fund was established, and the first round of funding was distributed to two deserving students from underprivileged backgrounds. This initiative was widely appreciated, and contributions are expected to grow.
4. Professional Development Workshops: Workshops on topics such as recent advancements in nursing practices and leadership in healthcare were successfully conducted with the involvement of alumni experts.
5. Community Service Initiatives: Alumni contributed to a community health camp organized by the college, offering their expertise in public health and patient care.
6. Alumni Database and Networking: An alumni database was developed and an online networking platform was launched to facilitate better communication and collaboration among alumni across the world.

### **Future Plans and Changes:**

1. Enhanced Alumni Engagement: Expanding virtual meetings and webinars for alumni who are overseas or unable to attend in person.
2. Advanced Professional Certifications: Collaborating with healthcare institutions and universities to offer specialized certification programs for alumni to enhance their skill sets.
3. Alumni Exchange Program: Initiating an alumni exchange program where alumni working in different parts of the world can share their experiences, best practices, and advancements in nursing with students and faculty.
4. Career Support System: Expanding the mentorship program to include career counseling, job placements, and opportunities for higher education for both alumni and students.

*Dr. R. Ramesh*  
Principal

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### **Alumni Donation Strategy Discussion:**

1. **Transparent Funding Mechanism:** Ensuring full transparency of how alumni donations are used, with regular financial reports and updates to all contributors.
2. **Specific Donation Campaigns:** Setting up targeted donation campaigns for specific causes, such as scholarships, building renovations, or community health programs, to make it easier for alumni to choose how they want their contributions used.
3. **Recognition Programs:** Implementing a recognition system for donors, such as plaques, certificates, or invitations to special college events, as a way of showing appreciation for their contributions.
4. **Alumni Endowment Fund:** Establishing an endowment fund that will grow over time and provide long-term financial support for the college and students.
5. **Alumni Giving Circles:** Organizing alumni into giving circles, where groups of alumni come together to collectively contribute to a specific cause, thereby increasing the impact of their donations.

### **Implementation of Donation Strategy:**

1. **Communication and Outreach:** Utilize newsletters, alumni meetings, and social media platforms to regularly communicate the college's needs and provide updates on ongoing donation campaigns.
2. **Donation Drives:** Organize annual donation drives, especially around significant college events, encouraging alumni to contribute through both one-time and recurring donations.
3. **Alumni Ambassador Program:** Appoint alumni ambassadors to represent different regions and engage with alumni on behalf of the college to foster a culture of giving.
3. **Regular Updates:** Provide regular updates to alumni donors about how their contributions are making a difference in the lives of students and the overall development of the institution.

*Dr. R. Anji*  
Principal

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Alumni President

Alumni secretary

*Dr. R. Anjali*  
Principal

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## Guest Lecture by Alumni

### Narayana College of Nursing Alumni Association

#### Guest Lecture Report

**Date:** September 18th, 2021

**Time:** 3:00 PM - 5:00 PM

**Venue:** Narayana College of Nursing

#### Members Present:

- **Chairperson:** Dr. India.A, Principal, Narayana College of Nursing
- **President:** Professor :K. Madhavi Latha, DNS, Narayana Medical College Hospital
- **Secretary :**T.Ushakiran OBG dept
- **Treasurer:** Mrs. Mabjan, Community Health Officer
- **Vice President:** Ms. Deepa MHN dept

#### Objectives of the Meeting:

1. To update attendees on recent Alumni Association activities.
2. To provide insights into nursing career opportunities in various countries.
3. To inform students about the global scope of nursing and career progression.
4. To strengthen alumni-student mentoring for international career preparation.

#### Agenda:

1. **Welcome and Introductions**
2. **Updates from the Chairperson and President**
3. **Guest Speaker Presentation:** Ms. Manju on "Global Nursing Careers and Opportunities in Different Countries"
4. **Skill Development Talk** by Mrs. Pavitra on Preparing for International Standards
5. **Address by Mrs. Suchitra:** Enhancing Communication and Empathy for Global Nursing
6. **Treasurer's Overview of Alumni Support Programs**
7. **Insights from Committee Members**
8. **Future Plans by the Secretary**
9. **Overview of Alumni Association Functions by the President**
10. **Vote of Thanks**

#### Guest Lecture Report for 2021

The Narayana College of Nursing Alumni Association held its **Guest Lecture** on **September 18th, 2021**, with a focus on "**Global Nursing Careers and Opportunities in Different Countries.**" The event gathered alumni, faculty, and students to discuss the various pathways and growth potential available to nurses worldwide.

*Dr. B. Anjali*  
Principal  
NARAYANA COLLEGE OF NURSING  
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### OpeningRemarks:

The session began with an address by **Chairperson Dr. Vanaja Kumari**, who welcomed attendees and introduced the event's theme. **President Professor K. Madhavi Latha** followed with updates on the association's efforts to support students, including new mentorship initiatives aimed at helping graduates navigate the international nursing landscape.

### Global Nursing Career Opportunities

The featured speaker, **Ms. Kalavati, an RN based in the U.K.**, delivered an insightful presentation on the diverse career paths available for nurses in different countries. She discussed the qualifications, language requirements, and certifications necessary for nursing in various regions.

#### United kindom and Canada:

Ms. Kalavathi explained that the U.S. and Canada offer abundant opportunities in specialized fields such as critical care, oncology, and pediatrics. To practice in the U.K., nurses must pass the **NCLEX-RN** exam, while Canadian registration requires the **NCLEX-RN** or **CRNE** (Canadian Registered Nurse Exam). Language proficiency in **English (IELTS or TOEFL)** is essential, and additional certifications (e.g., in emergency or critical care) enhance job prospects.

#### United Kingdom and Europe:

The U.K. offers rewarding career options in both public and private healthcare sectors. **The Nursing and Midwifery Council (NMC)** regulates nursing, and passing their registration process, including the **OSCE** (Objective Structured Clinical Examination), is essential. European countries increasingly recognize international nursing degrees, and the **IELTS** or **OET (Occupational English Test)** is often required for non-EU nurses.

- **Australia and New Zealand:**

These countries are in high demand for qualified nurses, particularly in specialties like mental health, aged care, and perioperative nursing. Nurses need to pass the **OSCE** or demonstrate practical experience, in addition to meeting **English language requirements (IELTS/OET)**. Australia and New Zealand have well-defined pathways for skilled migration, making them attractive options.

- **Middle East (UAE, Qatar, Saudi Arabia):**

The Middle East offers excellent remuneration and tax-free salaries for nurses, with a particular demand in critical care, surgical, and neonatal nursing. Requirements vary, but language proficiency and basic registration exams such as **Prometric** or **HAAD (Health Authority-Abu Dhabi)** are standard.

- **Asia and Developing Markets:**

Countries like Singapore, Japan, and Malaysia offer competitive opportunities as they continue to expand their healthcare sectors. In Japan, for example, nurses can benefit from cultural exchange programs and specialized training initiatives. Language skills and cultural adaptation are crucial for success in these regions.

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## Scope of Nursing and Career Advancement

Ms. Kalavathi highlighted that nursing is no longer confined to clinical roles but has expanded into **public health, research, administration, and education**. Nurses can advance into management, policy-making, and even consulting, with opportunities to influence healthcare systems globally. Furthermore, the demand for specialized nurses in areas like geriatrics, mental health, and palliative care is on the rise, offering unique career avenues.

## Developing Skills for Global Nursing Standards

**Mrs. Aruna, Associate Professor in the OBG Department**, focused on skill-building for international standards. She advised students on preparing for competitive exams, optimizing study techniques, and keeping updated on medical advancements. She emphasized that time management and effective study practices are essential for exams such as **AIIMS, ESIC, and state-level tests**.

## Soft Skills for Global Careers in Nursing

**Mrs. Anjani, a specialist in Mental Health Nursing**, underscored the importance of **empathy, cultural sensitivity, and communication skills** in nursing. She noted that these qualities are crucial in mental health roles and emphasized that they are essential for nurses working in diverse, multicultural environments.

## Treasurer's Insights on Public Health Careers

**Treasurer Mrs. Mabjan** presented an overview of **public health nursing**, which plays a vital role in preventive healthcare and international health initiatives. Public health nurses are instrumental in addressing community health issues, which are increasingly prioritized worldwide, and she encouraged students to explore this rewarding field.

## Future Plans and Alumni Association Support

**Secretary, Professor T. Ushakiran**, introduced future plans, including expanded alumni mentorship initiatives. She also highlighted scholarship and training support systems for students pursuing overseas qualifications. **President Professor K. Madhavi Latha** closed with an overview of the association's mission to support alumni in sharing knowledge and guiding students toward successful careers.

## Conclusion and Vote of Thanks

The meeting concluded with a **Vote of Thanks** from **Dr. N. Anjani Devi**, who thanked all attendees for their engagement and contributions. The session provided students with a broader perspective on their career options in nursing and motivated them to explore global opportunities, making it a valuable and inspiring gathering for all involved.

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importance of pursuing certifications for advanced practice roles. Ms. Sujatha emphasized the need for adaptability and continuous learning to remain competitive in these new fields.

Mrs. Mabjan, Community Health Officer and Treasurer, shared insights on public health nursing and the impact of nurses in community health settings. She stressed the need for preventive health measures and encouraged students to explore roles in community health nursing, which is gaining importance due to public health challenges.

Committee members and other attendees participated actively, sharing their own insights and suggestions. The Secretary, Professor T. Ushakiran, outlined future association plans to expand alumni engagement initiatives, while the President, Professor K. Madhavi Latha, concluded with an overview of the Alumni Association's objectives and encouraged continued alumni involvement.

The meeting concluded with a Vote of Thanks by Dr. N. Anjani Devi, expressing gratitude to all attendees for their active participation. The 2022 Alumni Meeting successfully inspired and motivated students to pursue diverse career opportunities within nursing, marking a significant step toward a supportive, connected alumni network.



Dr. Anjani Devi  
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**2019-2020**





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## General Body Meeting Report - 2019

On August 18, 2019, Narayana College of Nursing, Nellore, hosted a successful Alumni Meeting focused on strengthening bonds among alumni, the institution, and the community. The event began with a warm welcome by the Alumni Secretary, followed by an inaugural address from Mrs. K. Madhavalatha, President of the Alumni Association, who highlighted the importance of sustaining strong relationships between alumni and the college.

Former students extended floral greetings, and Dr. Indira A., Chairperson of the Alumni Association of Narayana College of Nursing, delivered a motivating speech, encouraging alumni to embody the values imparted by the college. In her presidential address, Mrs. Madhavalatha expressed her joy in reconnecting with alumni and discussed the significance of living with dignity and serving those in need. Alumni shared nostalgic college memories, creating a heartfelt atmosphere as everyone committed to reuniting annually.

The event concluded with a vote of thanks by Ms. T. Ushakiran, Secretary of the Alumni Association, and the distribution of alumni mementos. A lunch hosted on campus provided a memorable end to the gathering, leaving participants with a renewed sense of unity and dedication to upcoming initiatives.

### Future Plans for the Alumni Association:

#### 1. Annual Alumni Meet

Regular alumni gatherings will continue each year to sustain connections among alumni, faculty, and current students. These meetings will serve as opportunities for networking, professional development, and sharing insights that benefit both students and alumni.

#### 2. Mentorship Programs

A mentorship program is being developed where experienced alumni will support students, offering guidance on career options, advanced education, and professional growth within the nursing field.

#### 3. Scholarship Fund

Plans are underway to establish a scholarship fund to assist deserving students, especially those from disadvantaged backgrounds, in pursuing nursing education without financial obstacles.

#### 4. Professional Development Workshops

Alumni experts will collaborate with the college to host workshops, seminars, and continuing education sessions. These events aim to keep both students and alumni informed on the latest trends and advancements in nursing and healthcare.

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## Guest Lecture Report

### Narayana College of Nursing Alumni Association

**Date:** Jan 19<sup>th</sup> 2020

**Venue:** Narayana College of Nursing

**Guest Speaker:** Mrs. Arya S. Nair

**Position:** Project Assistant, SHARE India, Chittoor, Andhra Pradesh

#### Introduction

The Narayana College of Nursing Alumni Association hosted a guest lecture by Mrs. Arya S. Nair, a Project Assistant with SHARE India, on the critical topic of **Sexual and Gender-Based Violence (SGBV) Care and Infection Prevention and Control in Healthcare Settings**. The session aimed to inform and educate nursing students and alumni about the strategic initiatives being implemented in healthcare facilities to address SGBV and enhance infection prevention and control measures.

#### Overview of Mrs. Arya S. Nair's Work

Mrs. Nair provided valuable insights into her role and the objectives of SHARE India, which focuses on improving healthcare outcomes in the community through various initiatives, particularly in response to SGBV. Key points discussed included:

#### 1. SGBV Care:

- Emphasized the importance of referring patients from Primary Health Centres (PHCs) to specialized clinics for comprehensive care.
- Highlighted the collaboration with the UKK clinic and BJRM Hospital's Sakhi Center to provide essential support for survivors of SGBV.
- Stressed the need for effective communication regarding the needs expressed by PHCs toward delivering services for Deprived and Vulnerable Women and Children (DWBI).

#### 2. Infection Prevention and Control (IPC):

- Discussed the strategic implementation of IPC projects in healthcare facilities, focusing on those identified by state governments.
- Advocated for the enhancement of patient safety through raising awareness about Healthcare-Associated Infections (HAI) and Antimicrobial Resistance (AMR).
- Highlighted the collaboration with IPC focal points and Hospital Infection Control Committees in both public and private sectors for technical assistance and mentorship.

#### Key Responsibilities and Activities

Mrs. Nair outlined her responsibilities and activities within her role at SHARE India, which include:

#### 1. Advocacy and Support:

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- Promote the implementation of IPC activities in healthcare settings and communicate effectively with decision-makers about the importance of these measures.
- 2. **Coordination and Collaboration:**
  - Work closely with various stakeholders, including the Centers for Disease Control and Prevention and the Ministry of Health and Family Welfare, to ensure a unified approach to healthcare improvements.
- 3. **Data Collection and Analysis:**
  - Conduct on-site assessments using standard tools, ensuring the correct and consistent collection of data, and assist in reporting and analysis.
- 4. **Reporting and Recommendations:**
  - Develop action summary reports with recommendations for healthcare facilities and government bodies, focusing on innovative strategies and approaches.
- 5. **Capacity Building:**
  - Engage in training and capacity-building initiatives for healthcare workers, emphasizing psycho-education and awareness.

## Conclusion

Mrs. Arya S. Nair's lecture provided the attendees with a comprehensive understanding of the challenges and solutions related to SGBV care and IPC in healthcare settings. Her insights highlighted the crucial role that nursing professionals play in advocating for patient safety and improving healthcare quality. The session fostered meaningful discussions and inspired nursing students to actively participate in initiatives that address these critical issues in their future careers.



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